

A Letter from the Editors

Dear *Pathways* Reader,

We are proud to announce our 2026 publication of *Pathways: Stanford Journal of Public Health*.

This edition shares students' personal anecdotes on how public health has shaped their lives. Articles are organized into two sections: *Conversations* and *Reflections*. In *Conversations*, students interviewed public health leaders and transformed those discussions into Q&A pieces for readers. In *Reflections*, students discussed their own experiences navigating health-related challenges—from the influence of social media beauty standards on self-perception to language barriers faced by immigrants in healthcare settings.

We would like to express our appreciation Professor Grant Miller for his mentorship as an advisor since the journal's inception. We would also like to thank Professor John Willinsky for in supporting the journal's online presence.

Pathways invites Stanford students, researchers, and faculty, and other healthcare professionals to submit their work to our journal. We are committed to providing a source of public health research and reflections that showcases meaningful insights from this field.

Sincerely,

Pathways 2026 Editorial Team

2026 Editorial Team

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